



PUEBLO COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

Pueblo County PATHWAYS

3rd Quarter 2020
Volume 7 Issue 3

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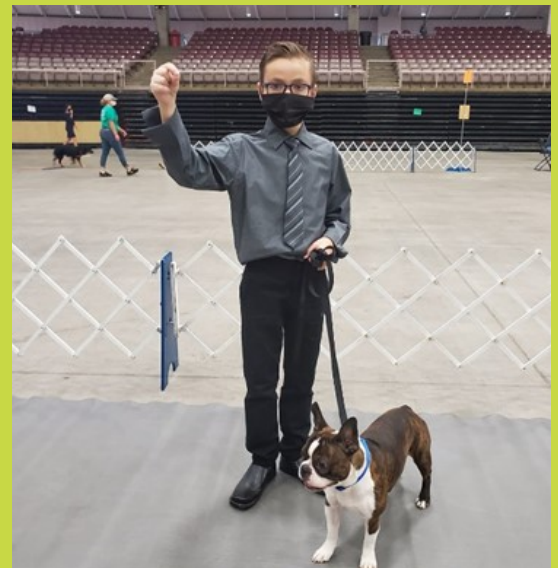


Pueblo 4-H Youth: Achieving During Difficult Times

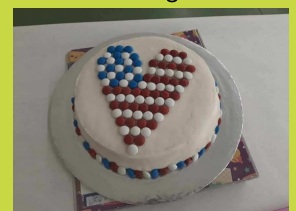
This year was a bit different for our Pueblo County 4-H members when it came to competing at the Colorado State Fair with their projects. However, in true 4-H fashion our youth members showed their ability to adapt and overcome by entering many wonderful projects and taking high placings in all the State Fair competitions. We had youth compete in cake decorating, clothing construction, ceramics, photography, shooting sports and so much more! Our youth who competed in the livestock shows, horse classes and dog trials all placed extremely high as well.

Some of our highlights from this year's shows are a champion placing in cake decorating, a grand champion placing in the State Fair 4-H horse show in the ranch division, a grand champion placing in many dog trial classes along with various champion and reserve champion placings in almost all of the livestock species. Our 4-Hers had a very tough year with almost all competitions being turned into virtual shows, but they pulled together and truly represented what it means to be in the Pueblo County 4-H program.

Our 4-H team is truly honored to work with all of our members and we couldn't be prouder of all of them. This year has been a tough one but our Pueblo youth have shown that you can overcome any challenges with determination and perseverance. Congratulations again to all of our members who competed this year!



Success! Alex Prince showing his dog Gizmo at the Colorado State Fair 4-H Dog Show



Other state fair exhibits included cakes, an archery display board and an American flag shotgun case.

Extension Agents Partner with Alumni

Partnerships within the University system help to expand the reach of Extension. Several Agents in Pueblo County have partnered with the CSU Alumni Association to bring programming to CSU Alum. These partnerships began prior to the days of social distancing and had to adapt when COVID-19 was diagnosed in the US. The classes to be offered were originally scheduled to be in person classes for Alumni in our area. When things went virtual these classes did as well.



By going virtual and offering online Zoom classes, Agents have been able to share their expertise with alumni across the country. The Alumni Association handles the promotion and registration while the agents prepare and present science-based information on topics in their area of work. Pueblo County Agents have played an integral role in this partnership. Horticulture Agent, Sherie Caffey, and Family Consumer Science Agent, Laura Griffin, partnered together to present a class titled "Growing, Using and Preserving Herbs" to 175 participants. Sherie has also presented "Putting the Garden to Bed" this fall while Laura had a class on the Mediterranean Diet. Ag Agent, Tom Laca, recently presented a class on Backyard Poultry Production to 100 people. Feedback from these classes have been very positive and Pueblo County is becoming well known among the CSU Alumni across the country.

The success of these programs has opened up the opportunity to continue the partnership with future classes. Sherie is planning a class on October 22 on Houseplants. The broader audience reached requires some adjustment in presentations as Agents now must account for differences in geography, climate and other factors that they did not have when presenting to only local participants. These adjustments have helped to make the Agents more knowledgeable in these topic areas as they research and learn about other areas.

Pueblo County Agents continue to look forward to providing education and information to not only county residents but also to all who are interested across the country. As long as people are still seeking knowledge, we will continue to provide that great research-based information that has come to be expected from Extension.

4-H Members Show Support

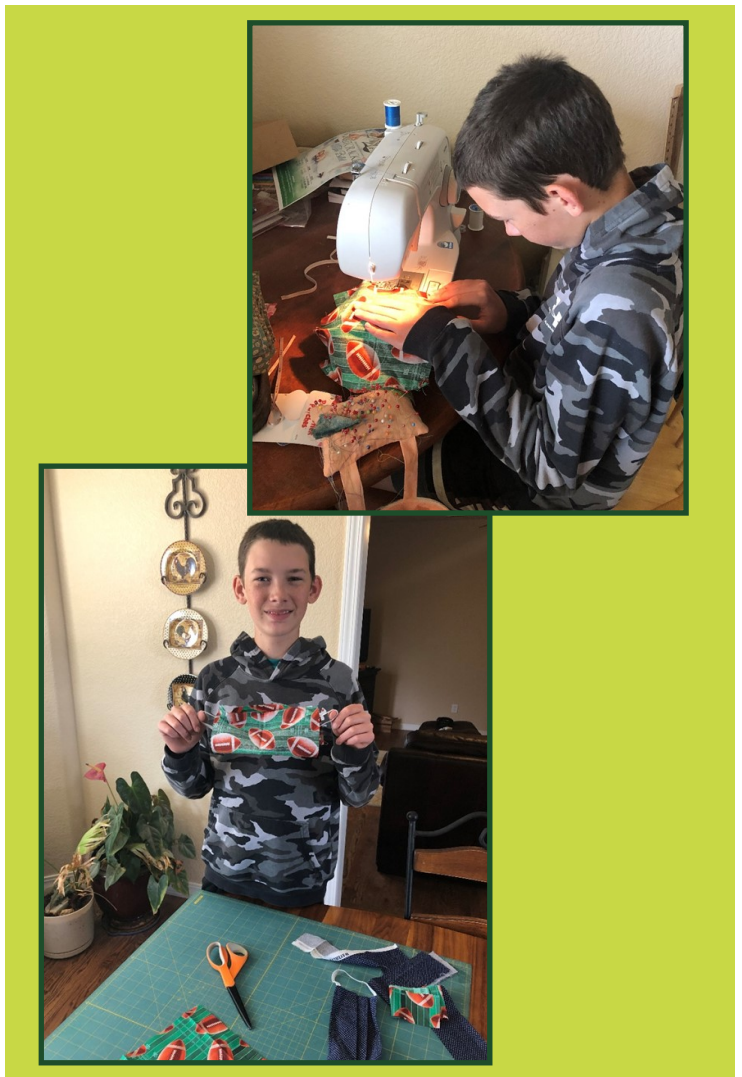
In a year full of uncertainty, some local 4-H members have been working hard to make sure that local Healthcare Heroes know that they have the full support of their community.

4-H members used this socially-distanced time to write letters, make signs and collect funds to purchase snacks for a local healthcare facility, where essential workers serve the community every day, but especially during the COVID-19 Pandemic. 4-H members then donated their words of support (and snacks of support) to the local heroes. Providing support to these frontline care workers gave the 4-Hers a sense of accomplishment and pride, while providing valuable encouragement to those working hard to care for others.



Members from various 4-H clubs also participated in the Colorado Mask Project, which works to provide all Coloradans with DIY masks to slow the spread of COVID-19. Members use at-home materials and skills they've learned in 4-H to make cloth masks, which are then donated to those that need them. 4-H members had the chance to show off their skills and style, all while working to support their community. It just goes to show how much 4-H members love to "sew" their support!

If you are interested in the Colorado Mask Project, you can check out their website here: <https://www.coloradomaskproject.com/>





PUEBLO COUNTY

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Upcoming Events

For details, call 583-6566 or visit
<http://pueblo.extension.colostate.edu>

Family and Consumer Programs

- Foods Safety Training for Cottage Foods Producers, 3-year certification Fee \$40.00, Online Webinar Dates: Oct. 9th, Oct. 14th, Nov. 20th and Dec. 4th. Register at [Eventbrite.com](https://eventbrite.com)
- Mediterranean Diet- A dietary pattern for healthy living free Zoom Webinar, Thursday, October 22, 2020, 1:00 p.m.—3:00 p.m. Register at [Eventbrite.com](https://eventbrite.com)

Horticulture Programs

- Composting Basics— Free online zoom webinar Wednesday, October 7, 2020, 11:00 a.m. to 12:30 p.m. Registration required by Noon, October 6th at <https://compostingbasics100720.eventbrite.com>
- The Basics of Houseplants, Wednesday, December 9, 2020, 11:00 a.m. – 12:30 p.m. FREE online zoom class. Registration information coming soon.
- All Pueblo Grows Seed Library, collecting and packaging seeds. Look for neighborhood seed boxes. Visit: allpueblogrows.org

4-H/Youth Development

- Ongoing Club and County Programs
- Follow us on Facebook and YouTube

EFNEP (Expanded Food and Nutrition Program)

- Nutrition classes— Ongoing-call for schedule

Ag/Range/Natural Resources

- Site visits and consultations— Ongoing

Colorado State University Extension- Pueblo County
701 Court Street, Suite C
Pueblo, CO 81003
719-583-6566
<http://pueblo.extension.colostate.edu>
<https://www.facebook.com/CSUExtensionPueblo>

Congratulations!

Two Pueblo County Extension Agents Receive National Recognition

Extension Agents don't do the work of the job for recognition; they do it for the benefit of their communities and the people within those communities. However, it always feels great when we are able to recognize the achievements of one of our Extension Agents. And in this case, we get to recognize two of our Pueblo County Extension Agents.



Laura Griffin, (right) Pueblo County Family & Consumer Science Agent, was part of a team of Colorado FCS Extension Agents who recently won both the 2020 1st place Western Region Food

Safety Team Award and the 2020 1st place National Food Safety Team Award from the National Extension Association for Family and Consumer Sciences (NEAFCS). The awards were to honor the team's development of and work with the Preserve Smart App. You can check out the app at <https://apps.chhs.colostate.edu/preservesmart/>.

Each year the Colorado County Agent's Association (CCAA) recognizes one Extension Agent for their early career work and educational programming, with the Achievement Award. That winner is then nominated for the National Achievement Award from the National Association of County Agricultural Agents (NACAA). Pueblo County Horticulture Extension Agent Sherie Shaffer (above, left) is the 2020 recipient of both CCAA's Colorado Achievement Award and NACAA's National Achievement Award.

Congratulations to both Laura and Sherie on receiving these awards and thank you to both of them for the excellent educational programming and work they do for Colorado State University Extension and Pueblo County!