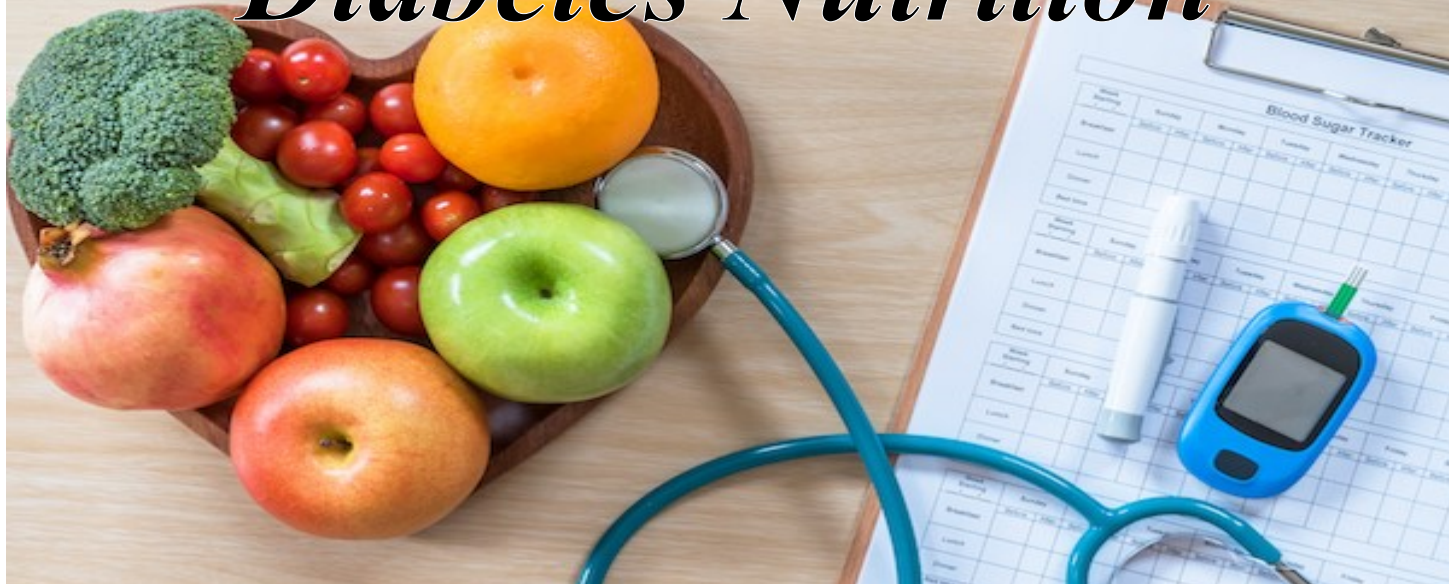


Diabetes Nutrition



*Presented by
CSU Extension Nutrition Specialist Jessica Clifford*

Are you, or is someone in your care, diabetic or pre-diabetic? Confused? Have questions?

*Join us for this Diabetes Webinar broadcast live on
Friday, February 15, 2019 at 12:00 p.m.-1:00 p.m.*

*CSU Extension– Pueblo County
701 Court Street, Suite C
Pueblo, CO 81003*

This webinar will cover:

- Diabetes nutrition
- Portion sizes
- Meal planning tips

*No fee, but registration is requested.
Please call 719-583-6566 to reserve a seat.*



PUEBLO COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



If you need any special accommodation(s) to participate in this event, please contact Colorado State University Extension at 719-583-6566. Your request must be submitted at least five (5) business days in advance of the event.
Colorado State University, U.S. Department of Agriculture and Pueblo County cooperating.
Extension programs are available to all without discrimination.